

# Financial Guidance and Support



The University's Student Financial Guidance team has created a page of Covid-19 related information for you, based on the questions they have received recently.

**Student Financial Guidance FAQs** is the ideal starting point if you are concerned about the impact of the pandemic on your finances.

The team can counsel and support you in the most effective use of your money, helping you to work out your essential costs and how to budget for them.

Keeping engaged with your studies is really important – even more so now that we are all online. The Student Financial Guidance team has a range of practical advice and guidance and team members are able to help you prioritise your budget and give you insights into what you can do if your income has reduced and you can no longer work to support the costs of online learning.

**Get in touch at [go.sunderland.ac.uk/submitenquiry](https://go.sunderland.ac.uk/submitenquiry) and a team member will get back to you to arrange for a review of your finances and talk through where you might be able to get some further support – either through our hardship funds or from other external sources.**

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