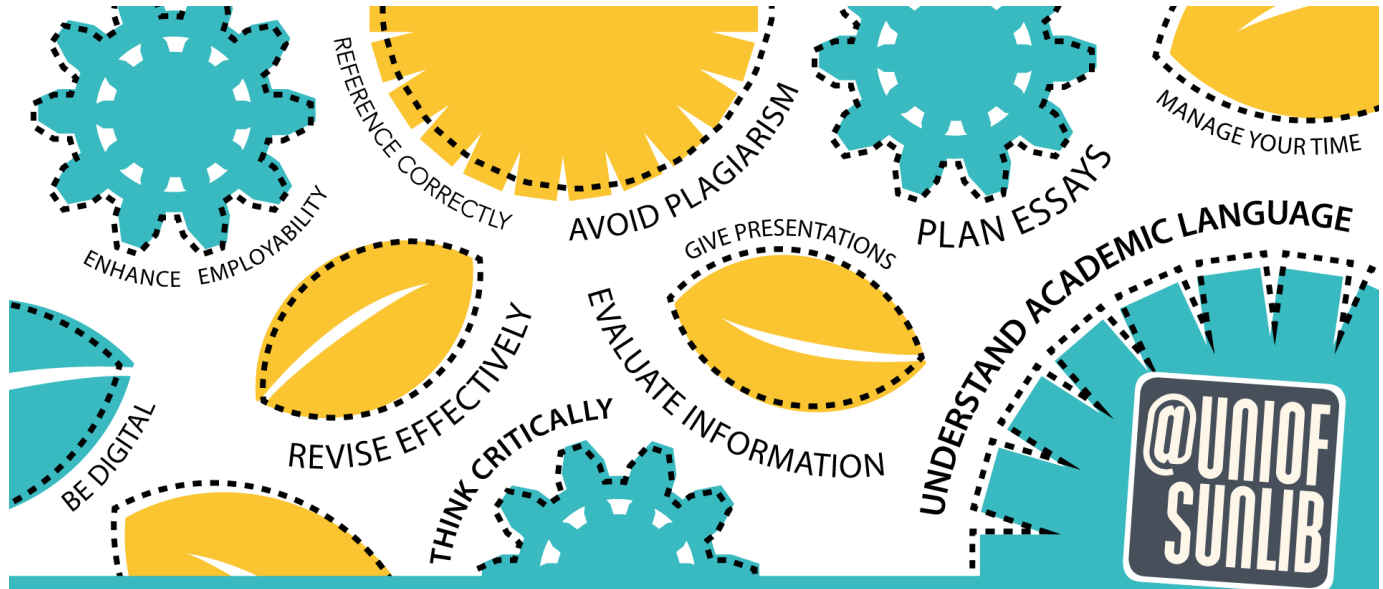


# Study Skills

Developing your study skills will help you to reach your potential. We offer study skills resources covering a range of topics including academic writing, critical thinking, finding and evaluating information, and referencing. Study Skills drop-ins are available throughout the year and if you need further help you can request one-to-one advice with a Study Skills adviser or Academic Liaison Librarian.

Visit <https://library.sunderland.ac.uk/services-and-support/skills/> to access our study skills guides and to learn more about one-to-one advice.



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