My Computer
Find out information regarding the University’s open access machines, as well as information on how to use your personal devices on Campus.

My University Account
Provides information on core account services including your email, Filestore, your account and password and your Campus Card.

My Support
Here you will find the support you need, building specific support.

My User Guides
Here you will find useful easy to follow user guides relating to a number of our IT systems, including connecting to the Wi-Fi service or how to print.

My Responsibility
The University provides a wide range of facilities to aid your study or work; you have a responsibility to ensure you use these facilities in a responsible manner, find out more details here.

My Security
The University has a number of systems in place keeping you and your information safe, for example, anti-virus systems, fire safety, and data protection. Here you will find advice on good practice advice to keep you safe.

Top 10 Articles
Check out what others have been looking at.

My Services
(Staff Only)
Find out about services available for University Staff.

Software Downloads
Download software relevant with your study and work.
Provide your feedback to IT Support

Award Winners
Daniel Wilson - Young Leaders Award for Digital Trailblazer

Award Winners
IT Services - WPM Education Annual User Conference awards for Innovation and effectiveness in online payments

Track service events, find answers and make new requests, here
My IT Portal

If it's URGENT call us on ext 3333 (0191 5153333)
Tweets by @uositsupport

A-F
- anti-virus
- apple
- borrow
- campus-card
- checklist
- do's
- don'ts
- eduroam
- email
- email-connection-settings
- filestore

G-L
- google-mail
- incident
- internet
- it-security-awareness-program
- it-service-desk
- kb-how-to-article
- laptop
- latest-news
- library-card
- loan

M-O
- mac
- macintosh
- microsoft
- msds
- my-it-portal
- myphoto
- office
- outlook-email

P-R
- password
- password-reset
- phishing
- print-off-campus
- print-on-campus
- print-release
- print-stations
- printing-costs
- printonline
- project

S-T
- security
- security-incident
- security-policy
- security-portal
- skype-for-business
- spam
- ssid
- staff-email
- student-email
- timetable

U-Z
- uos-wifi
- username
- visio
- wifi